



## Lake Country Soccer, Inc. Summer Adult Small-Sided Rules & Regulations

All Outdoor Rules of Competition (available on LCS website) will apply to the Summer Adult Small-Sided League (SASS) except as noted as follows:

### 5.0 Rules of Play

#### 5.2 Equipment

Players do not need to have numbers on their jerseys, but all jerseys must be of the same color. In the event of a conflict the home team must change or wear scrimmage vests (available at LCS Dome).

All players must wear shin guards and they must be completely covered by their socks.

#### 5.3 Duration of the Game

The games shall consist of two (2) 25 minute halves with a 5 minute halftime break. Should a lightning delay occur, the game in process will be rescheduled if still in the 1<sup>st</sup> half. If the 2<sup>nd</sup> half has started the game will be considered complete. The games must start on time. The clock for both games begins at the kick-off time providing the referee is prepared to start. If teams are late in arriving or getting on the field, the time is deducted from the 1<sup>st</sup> half. There is no stoppage time at the end of either half.

#### 5.4 Substitution

Substitution may occur “on the fly” at any time during the game. Players must be within 3 feet of the sidelines near the bench area prior to their substitute entering the field of play. The referee is not required to notify the player that they are allowed to enter the field.

### Other rules as they differ from FIFA rules:

- No slide tackling will be allowed.
- No offside law will be enforced, but teams are discouraged from playing a “cherry picker”.
- The ball does not have to move forward on the kick-off.
- Any player receiving a red card will be required to miss their next game.
- Any player ejected for fighting or for a foul with intent to injure shall be suspended for a minimum of 3 games. The ejection will be reviewed by LCS to determine if the player shall be suspended beyond the 3 games.
- Penalty kicks will be taken from 12 yards from the goal line.
- Even though there is no penalty arc, players must be a minimum of 8 yards from penalty spot.

### Rosters:

- Roster size is limited to 18 players maximum and 7 players minimum.
- Rosters will be checked prior to each game by the referee or LCS staff to verify that all players present have submitted an LCS Liability Waiver form.
- Each team must have a minimum of 5 players to start the game.
- Players may be borrowed from other teams as long as they are approved by LCS prior to the start of the game and the team otherwise would not be able to field a team for that game.
- If a team arrives and is short players they can solicit help from players at the complex as long as the player is listed on an LCS Roster. The team that is short of players will forfeit the game, but the game will still have a referee.
- The check-in process does not have to be formal in nature and should not delay the start of the game.